ANTI-SUBSTANCE ABUSE







SAY NO TO DRUG ABUSE

What is a drug? Is any chemical you take that affects the way your body works, it has a biological effects on humans, and also affects the functioning and the structure of the body.

What is drug abuse? by a destructive pattern of using a substance that leads to significant problems or distress. Drug abuse, also called substance abuse or chemical abuse, is a disorder that is characterized.

What is drug addiction? is a diseases that is characterized by a destructive pattern of drug abuse that leads to significant problems involving tolerance to or withdrawal from the substance, as well as other problems that use of the substance can cause for the sufferer, either socially or interms of their school work.also called substance dependence or chemical dependency.

What are legal drugs? Are drugs that a person by law is allowed to have.

What are illegal drugs? Are drugs that a person is not allowed to have, use, or distribute, if a person is caught with them, they will be punished according to the applicable drug laws, or will be fined, or will have to go to jail.



Some of the Different types legal drugs:

Necotene-pain killers

Panado

Panama

Caffeine

Alcohol

Tobacco

Some of the Different types illegal drugs:

Ecstasy

Cocaine

Hallucinogenes

Amphetamines

Rohypnol

Steroids

Heroin

PCP

Marijuana

IMPORTANT CONTACT NUMBERS

Contact your local police station or phone:

SAPS Emergency Line SAPS Crime Stop Departmental Call Centre: 10111 08600 10111 0800 204 992

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EFFECTS OF DRUG ABUSE

Repeated use of stimulants can lead to criminal activities such as, violent behaviour, rape/sexual offences,

Driving under the influence of substance may lead to road accidents

Some of the reasons why people use drugs:

To have fun
To relax and forget problems
To gain confidence
To socialize
Out of curiosity
To remove personal responsibility for decisions
As a form of escapism
To celebrate
To relieve boredom and stress
Self medication to cope with stress

"WORKING
TOGETHER
TOWARDS
DRUG FREE
SOCIETY"

